

Single-serving size snacks and non-perishable food items, particularly tuna kits, beef jerky, canned fruit (small containers with pop-top lid), dried fruit, nuts and other healthy snacks

Pre-sweetened flavored beverage mixes (small sizes)

Toothbrushes/ Listerine Strips

Liquid Body wash (no pump dispensers please)

Socks (bootcut, black)

AA and AAA Batteries

Letters of support

(letters from you, from children or from your business, office school or other organization in support of our troops)

Gum, lifesavers, Mints

Fruit: Single serving size cans

Nuts, sunflower seeds peanuts, trail mix, dried fruit

Powerbars, protein bars, nutritional bars

Beef jerky, beef summer sausage (non perishable, labeled USDA Beef)

Pop Tarts cereals bars, granola bars, Ramen Noodles

Books/DVD's

Ravioli and other canned ready to eat meals Single serving with pop top

Chicken or Tuna lunch kits (foil pouch of tuna, crackers, and condiments in each single-serving kit)

Taco Bell Sauce Packs

Seasoning and Flavoring Salts

Popcorn

Hard candy Single wrapped

Wisps and Chapstick